

Summary

Pre-birth & Early Days

01 THE FIRST 1001 DAYS

- * Role of Reflective Practice
- * Why the First 1001 Days Matter
- * Parental Responses to Pregnancy
- * Relationship Building During Pregnancy

02

UNDERSTANDING CHILD DEVELOPMENT

- * Development in Utero
- * The Developing Brain
- * Developmental Milestones
- * Supporting Communication & Language Development

Objectives

- * Build confidence
- * Increase knowledge
- * Develop skills

03 FACTORS THAT SHAPE DEVELOPMENT

- * Healthy Lifestyles
- * Baby Bonding
- * Adverse Childhood Experiences
- * Healthy Relationships

04

PARENTING

- * Parenting Approaches
- * Emotional Containment
- * Responsive Caregiving
- * Keeping Babies Safe

05

SUPPORTING FAMILIES TO THRIVE

- * Observation & Assessment
- * Supportive Conversations
- * Trauma Responsive Workforce