

## Your Future **me** Design Thinking Problem Brief

Department:

Health Professions

Level 5 BSc Nutritional Sciences/BSc Sport and Exercise Nutrition

Opening question:

How might we re-imagine personal and professional development to equip students to be effective and successful health professionals?

Context:

Whether you stay in the same career field for decades or hop around, you'll likely develop a professional skill set. Some of these skills are job-specific or technical, like understanding how to use certain platforms, accurately taking body measurements, or using food analysis equipment. However, others are transferable skills - the skills that you use in every job, no matter the title or the field, such as time management, leadership, digital capabilities, or communication.

We invite you to consider the personal and professional development for students through critical eyes. How might the education sector invest in education and training to ensure students are equipped for their future career?

Starting points/ prompts:

- What is meant by a transferrable skill set?
- Are some transferable skills considered to be more desirable to employers than others?
- How can the education sector best prepare health professionals to be career ready?
- What tools, programmes and experiences can be utilised for personal and professional development for students?
- What ongoing support might be needed throughout careers to ensure effective practice?