**Future me plan**: **Activity Selection and Completion**

**Once you have completed this tool, you can upload it to the Rise platform. This is where you will record all your Future me plan activities and manage your own Future Portfolio. You can then share this with Personal Tutor ahead of your personal tutoring meetings.**

The table below will help you keep a record of the activities you have selected and completed as part of your Future me plan.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Activity details** | **Relevant contacts/ information** | **Start date** | **Complete****by**  | **Progress**  | **Notes** (e.g. important aspects of this activity and its relation to your goals, key learnings, etc) |
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