Please use this form to calculate your projected income and expenses for the upcoming month. This exercise is designed to help you develop a clearer understanding of your financial situation and improve your budgeting skills.

Once you've completed the form, compare your total income with your total expenses. If there is a difference between the two (positive or negative) reflect on whether this outcome aligns with your expectations. It's entirely normal to observe a difference, and recognising this is a valuable step towar effective financial planning.

Income	
Maintenance Loan	£ 0.00
Paid Work	£ 0.00
Parental Contribution	£ 0.00
Scholarships	£ 0.00
Awards	£ 0.00
Grants	£ 0.00
Other	£ 0.00

Expenses	
Accommodation	£ 0.00
Bills	£ 0.00
Food	£ 0.00
Transport	£ 0.00
Special Occassions	£ 0.00
Health and Wellbeing	£ 0.00
Other	£ 0.00

Total Income	£ 0.00

Total Expenses	£ 0.00

Total Difference	£ 0.00

Money Saving Tips

- Track your spending: Use a notes app or spreadsheet to track your spending.
- Set a weekly allowancefor food, traveland other activities, and aim to stick to it.